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San Diego Humane Society Offers Pet Safety Tips for Cold and Rainy Weather

With rain, snow and freezing temperatures in San Diego County, residents should keep pets in mind.

San Diego — Although we live in sunny San Diego, temps can drop low, particularly overnight. Add rain and snow, and animals will need special care. It's important to keep pets warm and dry in the winter, even in Southern California. Here are 10 tips for giving animals extra TLC during winter cold:

- 1. Keep pets inside at night and during chilly and rainy days. Their fur coats won't always keep them warm.
- 2. When dogs need to go potty, go along to monitor how cold it is. If you are cold, chances are your dog is too, so make it a quick walk.
- 3. If your pets continue to spend time outside during the cold, make sure they have a dry, draft-free shelter large enough for them to stand and turn around, and bedding to help insulate them.



- 4. When grooming pets, keep their fur longer to provide added warmth. Some animals will be more comfortable with a sweater.
- 5. Staying warm requires extra calories. Talk to your veterinarian for advice on the proper diet for animals who spend time outdoors when the temperature drops.
- 6. If you feed animals outdoors, use plastic food and water bowls, since your pet's tongue may stick and freeze to metal. Also, in the case of a rare cold spell, make sure water left outside doesn't freeze.
- 7. Horses and other livestock need a rain and windbreak, cover, warm bedding, abundant high-quality feed and fresh water. Watch out for signs of frostbite and hypothermia: ice on body and limbs, shivering, weakness, and skin that changes to bright red, then to pale and black. Seek veterinary care immediately if these signs occur.
- 8. Parked cars may attract outdoor cats and small wildlife who crawl up under the hood looking for warmth. Bang on your car's hood before starting your engine to scare any animals away.
- 9. Poisons frequently used in winter include antifreeze and rock salt. These aren't as common in San Diego as elsewhere, so you may need to keep in mind when traveling. Clean up spills and wipe your dog's paws to prevent licking and ingesting these. Contact your veterinarian if you see signs of toxic ingestion, which include excessive drooling, vomiting and depression.
- 10. If you see a pet who's not well cared for in the cold, politely share your concern with their owner, because everyone doesn't realize the risks of cold and wet weather. To report animal neglect, contact San Diego Humane Society's Humane Law Enforcement at 619-299-7012 (press 1).

Suggested Tweet: Keep your pets safe during this cold and rainy weather! @sdhumane offers safety tips to protect dogs on walks, horses and livestock outdoors, and cats and wildlife who might crawl into your car engine at sdhumane.org/coldweather.

About San Diego Humane Society

San Diego Humane Society's scope of social responsibility goes beyond adopting animals. We offer programs that strengthen the human-animal bond, prevent cruelty and neglect, provide medical care, educate the community and serve as a safety net for all pet families. Serving San Diego County since 1880, San Diego Humane Society has campuses in El Cajon, Escondido, Oceanside, Ramona and San Diego. For more information, please visit <u>sdhumane.org</u>.